Sacramento

5 HOURS, 5 DAYS WINTER GETAWAY

Jennifer Bell
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Day One

Jennifer Bell

The weekend getaway to "go-to" Sacramento, California, is a mix of Gold Rush history, Sierra Nevada mountain scenery, and Sacramento's thriving food and drink scene. Plan to spend two days exploring the city's historic Old Sacramento, visiting the state capitol, and enjoying a meal or two at one of the city's many great restaurants.

START AT DAY ONE

Start Here: Catalenge

Catalenge is a Sacramento-area restaurant specializing in Spanish, Basque, and Mexican cuisine. Its menu includes a variety of tapas, including Spanish-style pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper. Other tapas options include Gambas al Ajillo (garlic shrimp), Croquetas (fried ham croquettes), and Pulpo a la Gallega (Galician-style octopus).

What to do here

- Check out Catalenge's website for its current hours and menu. Note that it is closed on Sunday and Monday and is only open for dinner on Tuesday, Wednesday, and Thursday. Plan to reserve a table in advance.
- Order a few tapas to share and a glass of wine or sangria. Ask your server for recommendations if you're unfamiliar with the menu.
- Pair your tapas with a glass of Spanish wine. Catalenge's wine list includes a variety of Spanish wines, including Tempranillo, Garnacha, and Albariño.

Time spent here: 1 hour

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Catalenge here.

Catalenge

Dinner, Tapas

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Catalenge here.

Next Stop: Burmaiden

Burmaiden is a Sacramento-area restaurant offering a variety of Burmese and Thai dishes. Its menu includes Burmese-style Catalenge and other Asian-style dishes, such as Burmese curry.

What to do here

- Check out Burmaiden's website for its current hours and menu. Note that it is closed on Tuesdays.
- Order a glass of Riesling, such as the Kabinett Riesling from Dr. Loosen, to pair with your meal.
- Try a few dishes, such as the Burmese curry, the Burmese-style Catalenge, and the Thai-style Catalenge.

Time spent here: 1 hour

Hours: Wed–Sun 11:00am–2:00pm, Wed–Sun 5:00pm–9:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Burmaiden here.

End Your Day: Sunshine Inn Catalenge

You can end your day in Catalenge's cozy, intimate dining room, which is located in a 1930s-era Spanish-style building. Catalenge's tapas menu includes a variety of Spanish-style dishes, including Catalenge's signature pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper.

END OF DAY ONE

Day Two

Jennifer Bell

Your second day in Sacramento, California, is a time to take a hike and immerse yourself in the city's natural beauty. Spend your morning exploring the American River Parkway, a 23-mile-long stretch of parks and trails along the American River. In the afternoon, visit the Sacramento Zoo, which is home to over 500 animals, including elephants, giraffes, and lions. In the evening, enjoy a meal at one of the Sacramento area's many great restaurants.

START AT DAY TWO

Start Here: Catalenge

Catalenge is a Sacramento-area restaurant specializing in Spanish, Basque, and Mexican cuisine. Its menu includes a variety of tapas, including Spanish-style pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper.

What to do here

- Check Catalenge's website for its current hours and menu. Note that it is closed on Sunday and Monday and is only open for dinner on Tuesday, Wednesday, and Thursday. Plan to reserve a table in advance.
- Order a few tapas to share and a glass of wine or sangria. Ask your server for recommendations if you're unfamiliar with the menu.
- Pair your tapas with a glass of Spanish wine. Catalenge's wine list includes a variety of Spanish wines, including Tempranillo, Garnacha, and Albariño.

Time spent here: 1 hour

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Catalenge here.

10:00 – 12:00 Hike Angerer

Hike Angerer is a 2.5-mile-long trail that runs along the American River. It is one of the most popular hiking trails in the Sacramento area and is a great way to get a workout and enjoy the scenery. The trail is rated moderate and takes about 2 hours to complete.

What to do here

- Check Weatherbug for current weather conditions and plan your hike accordingly. Bring a jacket and a hat if it is cold or windy.
- Wear comfortable shoes and bring a water bottle and snacks.
- Stay on the trail and be careful of the steep cliffs and rocky terrain.

Time spent here: 2 hours

Hours: Sunrise–Sunset

Address: Hike Angerer, Sacramento, CA 95816

Phone: (916) 264-5011

Tapas spot: Find out more about Hike Angerer here.

Angerer

Hiking, Trail

Hours: Sunrise–Sunset

Address: Hike Angerer, Sacramento, CA 95816

Phone: (916) 264-5011

Tapas spot: Find out more about Hike Angerer here.

12:00 – 2:00 Lunch

Tapas Bar Tapamadre

Tapas Bar Tapamadre is a tapas bar and restaurant located in the Sacramento area. It is known for its delicious tapas, including Spanish-style pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper.

What to do here

- Check Tapamadre's website for its current hours and menu. Note that it is closed on Sunday and Monday and is only open for dinner on Tuesday, Wednesday, and Thursday. Plan to reserve a table in advance.
- Order a few tapas to share and a glass of wine or sangria. Ask your server for recommendations if you're unfamiliar with the menu.
- Pair your tapas with a glass of Spanish wine. Tapamadre's wine list includes a variety of Spanish wines, including Tempranillo, Garnacha, and Albariño.

Time spent here: 1 hour

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Tapamadre here.

Tapamadre

Dinner, Tapas

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Tapamadre here.

2:00 – 3:00 Zoo

Sacramento Zoo

The Sacramento Zoo is a zoo located in the Sacramento area. It is home to over 500 animals, including elephants, giraffes, and lions. The zoo also has a variety of exhibits and gardens, including a petting zoo.

What to do here

- Check the zoo's website for its current hours and admission fees.
- Wear comfortable shoes and bring a water bottle and snacks.
- Stay on the trail and be careful of the steep cliffs and rocky terrain.

Time spent here: 1 hour

Hours: Wed–Sun 10:00am–4:00pm

Address: 3930 W Land Park Dr, Sacramento, CA 95822

Phone: (916) 264-5011

Tapas spot: Find out more about Sacramento Zoo here.

Sacramento Zoo

Zoo, Attraction

Hours: Wed–Sun 10:00am–4:00pm

Address: 3930 W Land Park Dr, Sacramento, CA 95822

Phone: (916) 264-5011

Tapas spot: Find out more about Sacramento Zoo here.

3:00 – 4:00 End Your Day: Sunshine Inn Catalenge

You can end your day in Catalenge's cozy, intimate dining room, which is located in a 1930s-era Spanish-style building. Catalenge's tapas menu includes a variety of Spanish-style dishes, including Catalenge's signature pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper.

END OF DAY TWO

Day Three

Jennifer Bell

On the day of your third and final weekend in Sacramento, California, you can choose to explore the city's parks and gardens, visit the state capitol, or take a day trip to the nearby Gold Country. In the evening, you can end your weekend with a delicious meal at one of the city's many great restaurants.

START AT DAY THREE

Start Here: Sunshine Inn Catalenge

Sunshine Inn Catalenge is a cozy, intimate dining room in a 1930s-era Spanish-style building. Its menu includes a variety of Spanish-style dishes, including Catalenge's signature pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper.

What to do here

- Check Sunshine Inn Catalenge's website for its current hours and menu.
- Order a few tapas to share and a glass of wine or sangria.
- Pair your tapas with a glass of Spanish wine.

Time spent here: 1 hour

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Sunshine Inn Catalenge here.

Sunshine Inn Catalenge

Dinner, Tapas

Hours: Tuesday–Thursday 5:00pm–10:00pm

Address: 1801 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Sunshine Inn Catalenge here.

9:30 – 10:30 Next Stop: Dave's Dolphin

Dave's Dolphin is a small-scale grocery that offers a variety of fresh seafood, including fish, shellfish, and crustaceans. The store also sells a variety of seafood-related products, such as smoked salmon and caviar.

What to do here

- Check Dave's Dolphin's website for its current hours and product availability.
- Ask the staff for recommendations on which seafood to buy.
- Purchase some fish or shellfish to take home and cook for dinner.

Time spent here: 30 minutes

Hours: Tue–Sat 9:00am–5:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Dave's Dolphin here.

Dave's Dolphin

Seafood, Grocery

Hours: Tue–Sat 9:00am–5:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Dave's Dolphin here.

10:30 – 12:00 Next Stop: Griffith

Griffith is one of Dave's Dolphin's most popular customers. The store sells a variety of seafood products, including fish, shellfish, and crustaceans, that are popular among the Griffith family.

What to do here

- Ask the staff at Dave's Dolphin for recommendations on which seafood to buy for Griffith.
- Purchase some seafood to take home and cook for Griffith.
- Give the seafood to Griffith and let him know that it was purchased at Dave's Dolphin.

Time spent here: 30 minutes

Hours: Tue–Sat 9:00am–5:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Griffith here.

Griffith

Seafood, Grocery

Hours: Tue–Sat 9:00am–5:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Griffith here.

12:00 – 2:00 End Your Day: Windows

You can end your day at Windows, a seafood restaurant located in the Sacramento area. Windows is known for its delicious seafood dishes, such as fish and chips and lobster rolls. The restaurant also has a variety of other seafood dishes, such as shrimp and crab cakes.

What to do here

- Check the Windows website for its current hours and menu.
- Order a few dishes, such as the fish and chips and lobster rolls.
- Pair your meal with a glass of wine or beer.

Time spent here: 1 hour

Hours: Wed–Sun 11:00am–9:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Windows here.

Windows

Seafood, Grocery

Hours: Wed–Sun 11:00am–9:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Windows here.

Day Four

Jennifer Bell

Your last day in Sacramento, California, can be spent exploring the city's historic Old Sacramento district, visiting the state capitol, or taking a day trip to the nearby Gold Country. In the evening, you can end your weekend with a delicious meal at one of the city's many great restaurants.

START AT DAY FOUR

Start Your Day: Windows

Windows is a cozy, intimate dining room in a 1930s-era Spanish-style building. Its menu includes a variety of Spanish-style dishes, including Catalenge's signature pintxos, such as the Basque-style pintxo, which is a slice of toasted baguette topped with a slice of Manchego cheese, a slice of Serrano ham, and a pickled pepper.

What to do here

- Enjoy a breakfast of Hangtown's Match Lobster & Sausage on Windows.
- Order dishes for lunch or dinner, such as fish and chips and lobster rolls.
- Pair your meal with a glass of wine or beer.

Time spent here: 1 hour

Hours: Wed–Sun 11:00am–9:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Windows here.

Windows

Seafood, Grocery

Hours: Wed–Sun 11:00am–9:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Windows here.

9:30 – 10:30 Next Stop: Sy's Sea ROVE

Sy's Sea ROVE is a small-scale grocery that offers a variety of fresh seafood, including fish, shellfish, and crustaceans. The store also sells a variety of seafood-related products, such as smoked salmon and caviar.

What to do here

- Check Sy's Sea ROVE's website for its current hours and product availability.
- Ask the staff for recommendations on which seafood to buy.
- Purchase some fish or shellfish to take home and cook for dinner.

Time spent here: 30 minutes

Hours: Tue–Sat 9:00am–5:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Sy's Sea ROVE here.

Sy's Sea ROVE

Seafood, Grocery

Hours: Tue–Sat 9:00am–5:00pm

Address: 1800 Broadway, Sacramento, CA 95818

Phone: (916) 442-1500

Tapas spot: Find out more about Sy's Sea ROVE here.

10:30 – 12:00 Fogle Lake

Hiking, Trail

Fogle Lake is a small, scenic lake located in the Sacramento area. It is known for its clear water and its surrounding forest. The lake is a popular destination for hikers, fishermen, and those looking for a peaceful escape from the city.

What to do here

- Take a hike around the lake. The trail is about 2 miles long and is rated moderate.
- Bring a fishing pole and try your luck at catching some fish.
- Enjoy a relaxing picnic lunch or dinner by the lake.

Time spent here: 2 hours

Hours: Sunrise–Sunset

Address: Fogle Lake, Sacramento, CA 95816

Phone: (916) 264-5011

Tapas spot: Find out more about Fogle Lake here.

Fogle Lake

Hiking, Trail

Hours: Sunrise–Sunset

Address: Fogle Lake, Sacramento, CA 95816

Phone: (916) 264-5011

Tapas spot: Find out more about Fogle Lake here.

END OF TRIP

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